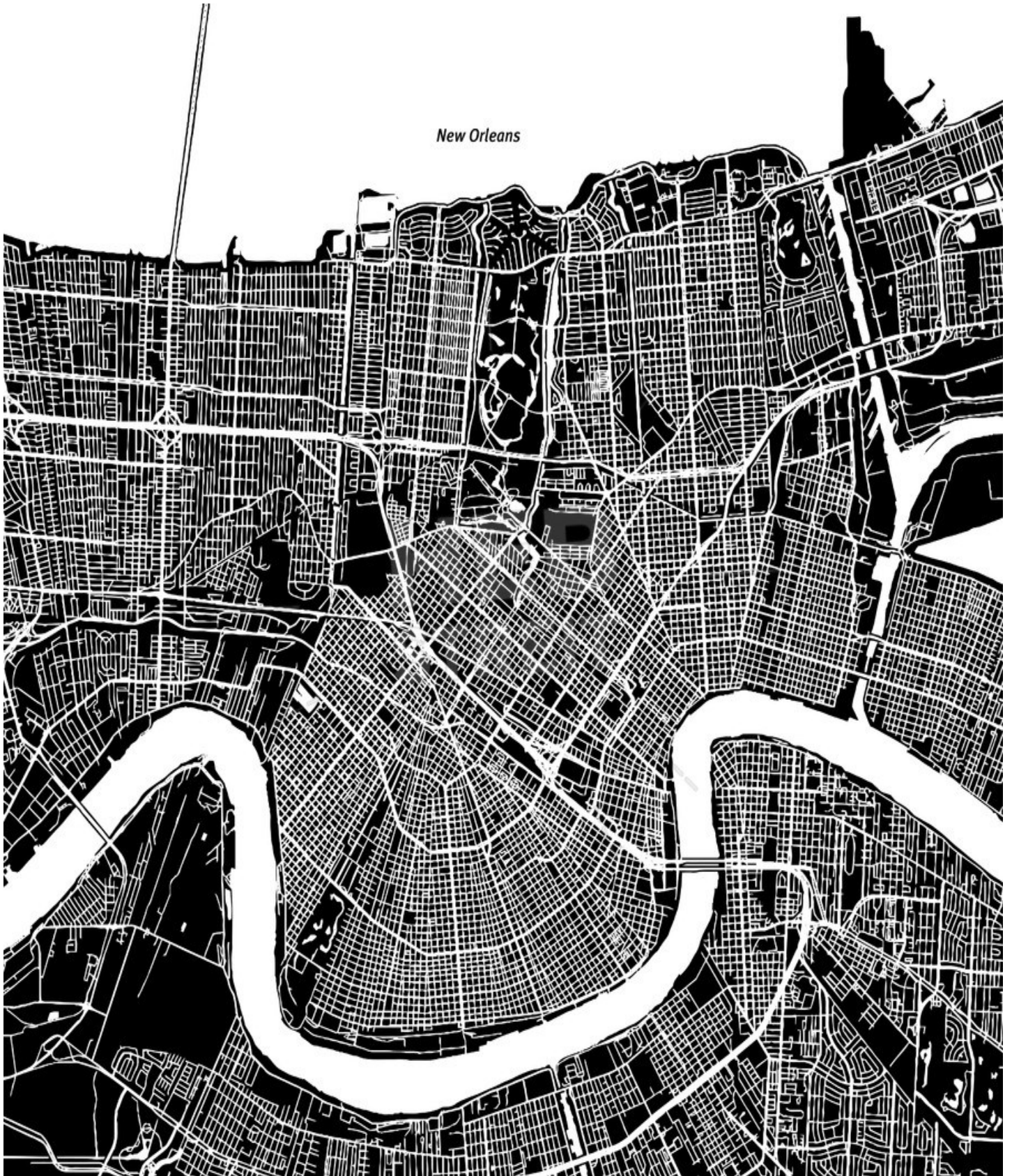


# MAY 2023

*New Orleans*



**AA Central Office**  
**638 Papworth Ave. Metairie, LA 70005**  
**Office 504-836-0507**  
**Monday - Friday 11am to 5pm**  
**Saturdays 10am - 2pm**  
**Email: [office@aaneworleans.org](mailto:office@aaneworleans.org)**  
**Website: [www.aaneworleans.org](http://www.aaneworleans.org)**  
**AA 24 Hour Hotlines:**  
**English: 504-838-3399**  
**Spanish: 504-516-1090**

## **OUR THREE LEGACIES**

### **UNITY — TRADITION 5**

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

### **RECOVERY — STEP 5**

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

### **SERVICE — CONCEPT 5**

Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

# MAY 2023 BIRTHDAYS

<u>THREE LEGACIES</u>			<u>ST JOHN'S NOON GROUP</u>			<u>IN THE VINEYARD</u>		
Bailey K	05/30/13	10	Juanita M.	05/07/85	38	Charles P.	05/29/94	29
Neena	05/15/22	1	Cesar R.	05/23/09	14	Shirley H.	05/17/08	15
Sydney M	05/29/22	1	Jimmy B.	05/18/15	8	Chris D.	05/02/22	1
			Jeff R.	05/20/22	1			
			Marcos	05/02/22	1			
<u>UPTOWN MEN'S GROUP</u>						<u>WOMEN SHARING HOPE</u>		
Ben M.	05/02/08	15				Nancy C.	05/21/16	7
Rick R.	05/26/11	12		<b>449</b>		Donna G.	05/12/18	5
Marshall P.	05/11/13	10	Brenda	5/1/1990	33	*Laurie A.	04/15/02	21
Dave M.	05/08/14	9	John H.	4/2/1982	41	*Marcy G.	04/27/04	19
Chris V.	05/15/15	8	Jay P.	4/5/2010	13			
Will S.	05/07/17	6				<u>WOODLAND GROUP</u>		
Greg M.	05/27/17	6	<u>WAYBACK GROUP</u>			Keith S.	05/13/92	31
Kyle D.	05/18/20	3	Sue R.	05/12/06	17	Jamie C.	05/20/17	6
Noel R.	05/18/21	2	T.J.C.	05/02/20	3			
George K.	05/23/22	1	Todie J.	5/3/2020	3	<u>JET SET</u>		
						Casey F.	05/04/15	8
						Joe T.	05/31/21	2

\*DENOTES PAST DATES

## HAPPY BIRTHDAY

No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality. When I [review my day], I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my hearts, I should thank that person.

Bill W.

Reprinted with permission of AAWS

# MARCH 2023 CONTRIBUTIONS

## GROUPS

ANY LENGTH WOMEN	\$75
ARABI WE SHARE	\$50
CRACKPOTS	\$48
GENTILLY AWARENESS	\$81
HELPING HANDS	\$80
IN THE VINEYARD	\$680
JUST FOR TODAY	\$70
METAIRIE THURSDAY NIGHT	\$29
NEW ORLEANS 12X12	\$105
OPEN ON SUNDAYS	\$123
SATURDAY MORN AT BUCKTOWN	\$100
SOBRIETY SISTERS	\$40
ST JUDE KENNER	\$20
STEPS IN THE BIG BOOK	\$108
UPTOWN MEN'S	\$700
WEDNESDAY NIGHT LIVE	\$90
WOMEN SHARING HOPE	\$41
MEMBERS	\$612
GROUPS	\$2,440
CENTRAL OFFICE BACKERS	\$350



**PLEASE HELP THE SERVICE BOARD  
CARRY THE MESSAGE...  
REMIND YOUR HOME GROUP TO  
CONTRIBUTE AT CENTRAL OFFICE WHEN  
PURCHASING BOOKS OR CHIPS.**

*55th Annual Big Deep  
South Convention*



**SAVE THE DATE**

*JUNE 9-11, 2023*

*AIRPORT HILTON*

*Our Pick Struck Gold*

### **AA Trivia Quiz**

- 1. How many times was Bill W. treated for alcoholism in Dr. Silkworth's hospital?**
- 2. What book, written by American psychologist and philosopher William James in 1902, was heavily relied upon by our founders?**
- 3. While sobering up in the hospital for the last time, Bill W. was given a medical concoction which was popular in the 1920s and 30s, composed of Eurasian herbal chemicals which caused hallucinations. What was it called?**

**(Answers Page 16)**





# 33rd Annual "We Will Know Peace"

Sponsored by: The AA Groups of  
"District 12 on the Northshore" in Area 27  
St. Tammany, Tangipahoa & Washington Parishes

For Info, Map & Online Registration: [www.SpringRoundupLa.com](http://www.SpringRoundupLa.com)

**May 26, 27 & 28, 2023**

Courtyard by Marriott 101 Northpark Blvd. Covington, LA  
(800) 321 2211 Mention Spring Roundup (north side of I-12 off Exit 63-B)

MARATHON MEETINGS will be throughout Roundup		
Friday, May 26.	5:00 pm	Registration & Hospitality Open
	7:45 pm	Jennifer H.K. (Plano, TX) AA
	9:15 pm	Ice Cream Social/Bingo
Saturday, May 27	8:00 am	Meditation Meeting
	9:15 am	Sheldon F. (Las Vegas, NV)
	12:15 - 1:15	Lunch (On Our Own)
	1:15 pm	Tammy M (Lafayette, LA) Al-Anon
	3:30 pm	Workshop - Early History of AA
	5:30 pm	Dinner (Limited tickets purchase below)
	7:00 pm	Announcements and Raffle Drawing
Sunday, May 28	7:45 pm	Cia F. (Los Angeles, CA) AA
	9:15 pm	Ice Cream Social & Comedy/Hypnotist
	8:00 am	Meditation Meeting
	10:00 am	Mike W. (Bossier City, LA) AA

Roundup Chair: Kathleen F

Recordings: Terry S - Literature: New Orleans Central Office Literature

AA and Al-Anon Pre-Registrations received by May 12<sup>th</sup> will be entered in a special raffle

2023 Roundup Pre Registration: AA and Al-Anon \$30.00 each received by May 12<sup>th</sup>

AA and Al-Anon \$35.00 each after May 12<sup>th</sup> Teens \$5.00 (12 and under Free)

Saturday Dinner price -to be determined

Name: \_\_\_\_\_ (Circle One) \* AA\* \*Al-Anon\* \*Teen \*

Name \_\_\_\_\_ (Circle One) \*AA\* \*Al-Anon\* \*Teen \*

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_ Scholarship Donation: \$ \_\_\_\_\_ Registration: \$ \_\_\_\_\_

Dinner \$ \_\_\_\_\_ Total Enclosed: \$ \_\_\_\_\_

Checks Payable to: Spring Roundup Mail To: S.E. LA. Spring Roundup P.O. Box 4150 Covington, LA 70434

## **Highlights of the Service Board Meeting of April 24, 2023**

**Next Meeting: 6:30pm Tuesday May 30, 2023**

**Greater New Orleans Service Board**

**Chair: Jack W./jackjpwillis@gmail.com**

**Co-Chair: Alexa M./alexabust@gmail.com**

**Treasurer: Ray Y./yeates.wr@gmail.com**

**Secretary: Peter G./pmgratton@gmail.com**

**Service Board Email/gnoserviceboard@gmail.com**

- **Call to order at 6:30pm by Jack W. (10 people in attendance)**
- **Prayer and welcomed all to the Greater New Orleans Service Board Meeting**
- **Chair Jack W.'s report:**
  - **CTA-Call to action of needing people to fill Service Board positions, Service Board Chair and Secretary positions expire in June and need to be filled immediately. The Chair should have at least four years and Secretary should have two years of continuous sobriety.**
  - **General election scheduled for next meeting on Tuesday May 30th**
- **Treasurer Ray Y.'s report:**
  - **Budgets were in line for March financials**
- **Central Office Ken T.'s report:**
  - **T Shirt Sale. All T Shirts and Tumblers \$5 and get a FREE coffee cup**
  - **We will be looking for new credit card processing company**
  - **Need Volunteers for Friday mornings**
- **BDSC Chair Wesly W.'s report:**
  - **Big Deep South Convention 2023 is June 9-11<sup>th</sup>, 2023**
  - **Deep South Planning meeting 6:30pm first Wednesdays, May 3rd, Unity Church, 3303 Richland Ave Met 70002, Volunteers Needed**
  - **Planning will meet twice monthly.**
  - **BDS Spring Fling 12pm noon April 29<sup>th</sup>, Bucktown Harbor Marina**
  - **Marcy G./Bingo and Raffle needs items and money dropped off at Central Office for the Big Deep South Convention**
- **GNOSB T&C Chair Jeff J.'s report:**
  - **T&C monthly meeting 2<sup>nd</sup> Wednesdays 6:30pm, Central Office**
  - **Looking for Treatment opportunities**
  - **Needs help for AA meetings at treatment centers**
- **Daay in the Park**
  - **2023 Day in the Park, SAVE THE DATE SATURDAY OCTOBER 28th**
- **District 12**
  - **SELA 33<sup>rd</sup> Annual Spring Round Up, May 26,27,28 Courtyard by Marriott, 101 Northpark Blvd., Covington, LA**
- **Chair Jack W.**
  - **Closed the meeting with the Serenity Prayer 7:01pm**



Thanks for donating \$25.00 USD to  
Greater New Orleans Service Board

Increase your impact and ask your friends to match your donation



Transaction ID: 9KP793835A5526437

## **Bucktown**

**Pass It On group**

**May 11<sup>th</sup> 2023 \Thursday**

**27<sup>th</sup> spring fling**

**Saint marks church 1520**

**Chickasaw St**

**Doors open@ 5:00 PM**

**Speaker@ 7:00 PM**

**Rachel D Of the Huggers group**

**Potluck — 50/50**

**All are welcome open meeting**

**Bring a dish or Bring yourself**

**He had come to pass his experience along to me-if I care to have it . page 9 and 10**

**It is important for him to realize that your attempt to pass this on to him plays a vital part in your own recovery. Page 94**





# **Are You WILLING?**

# **Are You ABLE?**

## **Wanted Central Office Volunteer & Part Time**

**Your Central Office needs help! Can you Volunteer or work for a few hours a week or a month Monday - Friday? We need help answering the phones, assisting at the front desk, merchandising and more. If you can Volunteer or work part time—We Want To Talk To You! Call 504-836-0507 or come by Central Office, 638 Papworth Ave. Metairie 70005.**

## **Your Service Board Needs You**

**Service Board Chair and Service Board Secretary positions are up rotating out in June. Come to the next service board meeting Tuesday May 30<sup>th</sup> to be nominated and elected. The Chair should have at least four years and Secretary should have two years of continuous sobriety.**

# OUR PICK STRUCK GOLD

## 55<sup>TH</sup> ANNUAL BIG DEEP SOUTH CONVENTION

# JUNE 9-11, 2023

AIRPORT HILTON 901 AIRLINE DRIVE, KENNER, LA 70062

**PREREGISTER BY MAY 26, 2023 \$35.00**  
**DOOR REGISTRATION \$40.00**

**SATURDAY NIGHT 3 COURSE BANQUET DINNER \$40**  
 INCLUDES TEA OR WATER, BREAD-PUDDING & YOUR CHOICE OF THE FOLLOWING:

1) Pasta Primavera  
 Seasonal veggies,  
 penne pasta, fresh  
 tomatoes, herbs, light  
 pesto cream sauce  
 with a salad

2) Blackened Redfish  
 with garlic mashed  
 potatoes, crawfish  
 portobello cream sauce  
 and a seasonal veggie;  
 served with chicken  
 andouille gumbo

3) Rotisserie Airline Chicken  
 with roasted potatoes, cajun  
 butter sauce and a  
 seasonal veggie; served  
 with chicken andouille  
 gumbo

**Hotel Room Block Available for Friday and Saturday Night!**  
**Starting at \$123/night**

For more information on the convention, hotel room block and to register online, visit [BIGDEEPSOUTH.ORG](http://BIGDEEPSOUTH.ORG)

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Preferred Name On Badge \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ AA \_\_\_\_\_ AL-ANON \_\_\_\_\_ ALATEEN \_\_\_\_\_

Banquet Option \$40: 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ Total \$ \_\_\_\_\_  
 2023 T-Shirt \$25/each: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2X \_\_\_\_\_ 3X \_\_\_\_\_ Total \$ \_\_\_\_\_  
 2023 Mug \$10/each Total \$ \_\_\_\_\_  
 Donate to the scholarship fund \$ \_\_\_\_\_

If you require accommodations due to a disability, please check here \_\_\_\_\_ and our accessibility chair will be in touch.

To register, visit Central Office 638 Papworth Ave. Suite A, Metairie, LA 70005 or visit [BIGDEEPSOUTH.ORG](http://BIGDEEPSOUTH.ORG)

## SPEAKERS

Friday Night

Quincy VA (Los Angeles)

Saturday Morning

Laura B. (Metairie, LA)

Saturday Afternoon

Al-Anon

Charlene B (Metairie, LA)

AA

Kurt Z. (California)

Saturday Evening

David G. (Frisco, TX)

Sunday Morning

Gene A. (Alexandria, LA)

## WORKSHOPS

Why YPAA?

Circle & Triangle

Where Y'at God?

Attraction not Promotion

## EVENTS

Bingo

Lip Sync Battle

50/50 Raffle

Basket Raffle

Silent Auction

Live Auction

Banquet Dinner

Marathon Meetings

Meditation

# Meeting News

- >Seekers, MEETING TIME CHANGE, now begins at 7pm, 6330 Vicksburg St., Lakeview 70124
- >Port and Burgundy in Exile, NEW ZOOM MEETING, 8am, Sundays, Meeting ID: 935 3652 1261 Password: pnbsober
- >Eye Closers Meditation, NEW MEETING, 6:30pm, Mondays, Unity Church, 3303 Richland, Metairie, LA 70002 Bucktown
- >These Are The Steps We Took, NEEDS SUPPORT, 12pm, Mon-Fri, St. Mark's Evangelical Lutheran, 1520 Chickasaw Ave., Metairie 70005
- >Roundtable NEEDS SUPPORT, 7pm, Thursdays, 3924 St. Charles Ave., NOLA 70115 Uptown and on Zoom Meeting ID: 862 4827 4939 No Password
- >Wild Magnolia, NEEDS SUPPORT, open women's meeting, 5:30pm, Tues, 9069 W Judge Perez Dr., Chalmette, LA 70115
- >A Life for A Life, MEETING TIME CHANGED, 6pm, Sat, Living Faith Christian Fellowship, 4339 Eastern St., 70122 Gentilly
- >Carrollton Group, NEW LOCATION, 7:30pm, First Presbyterian Church, 5401 S. Claiborne Ave, NOLA 70125, enter S. Prieur St. 2nd Floor

## **GREATER NEW ORLEANS SERVICE BOARD**

**Meets the last week of the month, Monday thru  
Thursday 6:30pm at Central Office, 638  
Papworth Ave., Metairie, LA 70005  
Next meeting Tuesday May 30th 6:30pm**



Music and Gay Chatter  
Proudly Presents

# PROM NIGHT

"In the stars"

*SATURDAY MAY 13TH 2023 - 5:30-8:30PM*

*2201 FRANKLIN AVE*

*FOOD, PHOTOS, GUEST SPEAKER TBA*

*DRESS CODE: GLAM*







# Founders' Day Herald

88<sup>th</sup> Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

## FRIDAY ACTIVITIES

**A.A. 12 Step Panel** • 10:00 a.m. - 10:00 p.m.

Discussion of "One Step Per Hour"  
Chaired by: Anne K.

**A.A. Early Bird Meeting\*** • 3:00 p.m.

Topic: "Buy Wine, Oh!  
From Cressel Factory Houses to To  
Champion Of Sobriety And Women"  
Chaired by: Karen K.

**Actors Guild Play** • 5:00 p.m. & 8:00 p.m.

"Life 62"

**A.A. Speaker Meeting\*** • 7:00 p.m.

Topic: "Work, Garry Water"  
Chaired by: Jerry D.

**Serenity Singers** • 8:00 p.m. - 9:00 p.m.

Oh - Oh!

**A.A. Speaker Meeting\*** • 8:00 p.m.

Topic: "Happy, Joyous and Free"  
Chaired by: Judith W.

**Juents on Español** • 9:00 p.m. - 11:00 p.m.

Open Discussion  
Chaired by: The Francese Group

**A.A. Alkaloids** • 11:30 p.m. - 2:00 a.m.

## SATURDAY ACTIVITIES

**Bus Tours of Historic A.A. Sites**

8:00 a.m. - 4:00 p.m.  
2 buses continuously - Bierce Grigs

**A.A. Archives**

Located in Akron Intergroup Office  
Stop on our tour!

**The 12 Traditions** • 9:00 a.m.

Topic: "How It Works"  
Chaired by: Mary K.

**A.A. Old Timers' Panel\*** • 10:30 a.m.

Topic: "Every Day Is A Day We Must  
Carry The Vision Of God's Will Into All  
Of Our Affairs"  
Don T. - Akron, OH  
Ken McA. - Orlando, FL  
Bobby V. - Richmond Heights, OH  
Chaired by: Mary K.

**La Villa Workshop** • 11:00 a.m. - 1:00 p.m.

E. Coordinator: Raymond L. and  
Alpha de Mar Garcia

**A.A. & Al-Anon Speaker Meeting\*** • 12:00 p.m.

Speakers - Sharon & Scott D. - JBanda, IA  
"Family Disease, Family Miracles"  
E. Thomas L.  
Chaired by: Marie E.

**Actors Guild Play** • 12:00 p.m. & 2:00 p.m.

Life 62\*

**A.A. Speaker Meeting\*** • 2:00 p.m.

Topic: "Emotionally Driven Or Spiritually Guided -  
Which One Comes To First?"  
Chaired by: Aaron K.

**The History of Our Big Book** • 4:00 p.m.

Presented by: Dail L. - Astor, OH  
Chaired by: Karen K.

**A.A. Speaker Meeting\*** • 8:00 p.m.

Topic: "All Of A Student I Became Present To My  
Life And I Didn't Like It"  
"AA Infocision Student"  
Chaired by: Woody W.

**\*\*Stadium Weather Contingency Plan  
for Saturday Night - See Web Site**

**DANCE! DANCE! DANCE!**

10:00 p.m. - 1:00 a.m.  
Saturday Night

## SUNDAY ACTIVITIES

**MOTORCADE TO DR. BOB'S GRAVE\***

7:30 a.m.  
Motorcycle procession and graveside  
service in honor of Dr. Bob & Anne S.  
Speaker: Dolly A. - Akron, OH  
Chaired by: Jerry D.

**A.A. Spiritual Panel Meeting** • 9:00 a.m.

Topic: "We Admitted That We Were  
Powerless Over Alcohol, That Our Lives  
Were Beyond Our Understanding"  
Andrew M. - Akron, OH  
Sonya M. - Akron, OH  
Wingie Y. - Cleveland, OH  
Chaired by: Judith W.

**A.A. Closing Speaker Meeting\***

10:30 a.m.  
Bill C. - Torrance, CA  
"It's Been Misable Long Enough. It's  
Time To Have A Good Time"  
Chaired by: Michael B.

## AL-ANON

### FRIDAY ACTIVITIES

**Al-Anon Panel** • 1:00 p.m.

Topic: "Double Winners/Double Jeopardy"  
Judith M. - Geary, OH  
Jan H. - Canton, OH  
Mary Anne C. - Lakewood, OH  
Oh! Oh!  
Chaired by: Leslie S.

## AL-ANON

### SATURDAY ACTIVITIES

**Al-Anon Panel** • 10:30 a.m.

"Users Show Their Experience, Strength and Hope"  
Oh! Oh!  
Chaired by: Lynn M.

**A.A. & Al-Anon Speaker Meeting\*** • 12:00 p.m.

Speakers - Sharon & Scott D. - JBanda, IA  
"Family Disease, Family Miracles"  
E. Thomas L.  
Chaired by: Marie E.

## REGISTRATION

**AA STUDENT UNION**

**CREDIT CARDS ACCEPTED!**

Friday 8:00 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by  
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at registration  
for tickets. Check confirmation letter or e-mail.

**Coffee & Fellowship Room**

Student Union

**A.A. Literature Sales**

Friday 8:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.

**CREDIT CARDS ACCEPTED!**

\*A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.  
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

**FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.**

Name badges & ribbons must be worn for admittance to all meetings -- **NO EXCEPTIONS!**



# Things We Cannot Change

Mary Ann M. 32 years Sunday Night Huggers

**Prayer of Saint Francis of Assisi**

**Lord, make me an instrument of thy peace!**

**That where there is hatred, I may bring love.**

**That where there is wrong, I may bring the spirit of forgiveness.**

**That where there is discord, I may bring harmony.**

**That where there is error, I may bring truth.**

**That where there is doubt, I may bring faith.**

**That where there is despair, I may bring hope.**

**That where there are shadows, I may bring light.**

**That where there is sadness, I may bring joy.**

**Lord, grant that I may seek rather to comfort, than to be comforted.**

**To understand, than to be understood.**

**To love, than to be loved.**

**For it is by self-forgetting that one finds.**

**It is by forgiving that one is forgiven.**

**It is by dying that one awakens to Eternal Life.**

**—Saint Francis of Assisi—**



**Please help the men and women in prison find recovery. You can help by donating soft cover Big Books, and you can also donate cash for books.**



**You can make donations at:**

**AA Central Office  
638 Papworth Ave.  
Metairie, LA 70005  
504-836-0507**

**Or**

**Charles P.  
504-701-4652**



## SUGGESTED GROUP DISTRIBUTIONS\*

Area 27

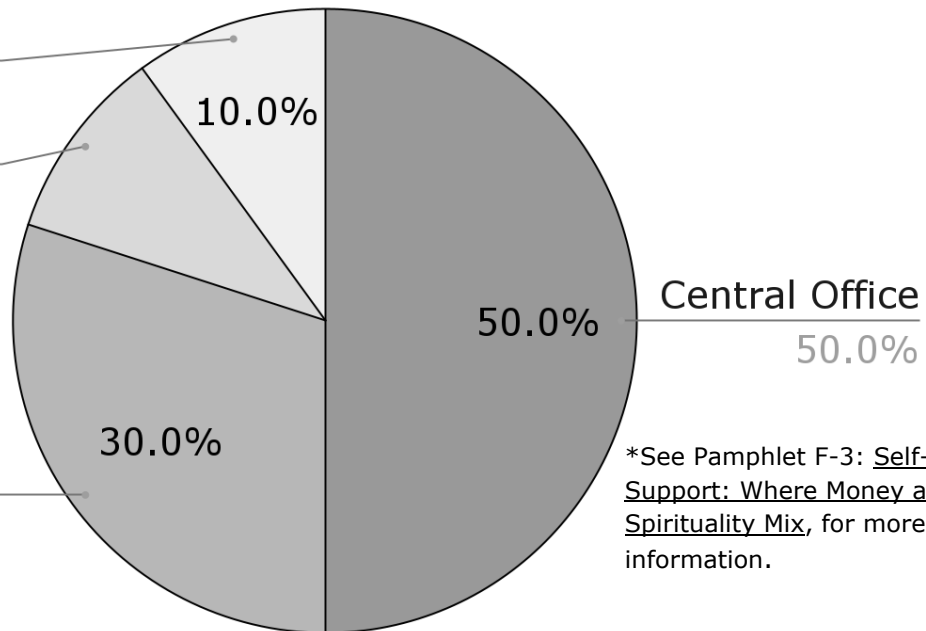
10.0%

Your District

10.0%

GSO

30.0%



\*See Pamphlet F-3: Self-Support: Where Money and Spirituality Mix, for more information.

### **Central Office 50%**

Payable to:  
GNO Service Board  
638 Papworth Ave A,  
Metairie, LA 70005

### **Your District 10%**

Find your district here:  
[www.aaneworleans.org](http://www.aaneworleans.org)

### **GSO 30%**

Payable to:  
General Service Board  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

### **Area 27 10%**

Payable to:  
Louisiana Area Assembly, Inc.  
7350 Jefferson Hwy.,  
Suite 485-179  
Baton Rouge, LA 70806

**...A.A. was founded on the premise that it would be self-supporting through member contributions. Today's dollar has only 19 cents of the purchasing power of a 1960 dollar! For years, contributing a single dollar has almost become a tradition. Will just one dollar per person per meeting sustain us today????**

**Everyone Please Confirm your Online AA Meeting  
Email [office@aaneworleans.org](mailto:office@aaneworleans.org) with corrections**

**April 22, 2023**

Attitude of Gratitude: Tue 7PM - ID: 802 502 073, PC: 312121  
Basic Training: Sun 7PM - ID: 710 305 150, PC: aameet  
Big Book Squad: Sat 10:30AM - ID: 767 4861 8627, PC bbs211  
Big Easy Group: Tue 7:30PM - ID: 7213 921 6798  
Eye Openers: Daily 7:15AM - ID: 407 807 130  
Faithful Few: Sun 8PM – ID: 8424720 9339, PC: 076887  
Helping Hands: Thu 6PM - ID: 532 689 956, PC: 015013  
Lunch Bunch (Metairie): Mon-Fri 12PM - ID: 268 632 084 - PC: 123456  
Margaret Place: Sun 10AM - ID: 230 825 753, PC: 076565  
Music and Gay Chatter: Sat 7PM, - ID: 526 2186 576, PC: MGC2021  
New Freedom (Women): Wed 8PM - ID: 462 580 485, PC: 523983  
New Orleans Zoom at Noon: Daily 12PM -ID: 761 172 3129  
Nooner, The: Daily 12:00PM - ID: 369 401 1935  
On The Dot: Mon-Fri 7:15AM & Sat-Sun 8:30AM - ID: 711 4969 82, PC: 482897  
Port and Burgundy in Exile: Sun 8AM - ID: 935 3652 1261, PC: pnbsober  
Queer Ideas of Fun: Sun 11AM - ID: 817 3392 3212 PC: easydoesit  
Recovery Rainbow: Friday 8pm - ID 894 3811 2203 Passcode: 196663  
RoundTable: Thursday 7PM - ID: 862 4827 4939  
Slidell Online AA: Daily 6PM - ID: 523 691 2800, PC: 580307  
Sober & Serene: Daily 12:15PM - ID: 657 184 756, PC: 1215  
Solutions Group: Daily 6PM - ID: 849 6912 9408, PC: 207577  
St. Charles Angels Hybrid: Wed 7PM – ID: 818 6109 1206, PW: Acceptance  
Steps in the Big Book: Mon, Wed, & Fri 8:30AM - ID: 542 737 6770, PC: 1603ND  
Women Sharing Hope: Tue 6:30PM - ID: 602 155 950, PC: 121212

**Answers to the Trivia Quiz from page 5**

- 1) 4 Times**
- 2) Varieties of Religious Experience**
- 3) The Belladonna Cure (or Belladonna)**

# Central Office Backer Heros Hi and Dry Group (Renewal)

John B. (Renewal)

Teresa F. (Renewal)

TO GB

GNOSB T&C  
subcommittee

Every 2nd  
Wednesday  
630p

Central Office  
638 Papworth,  
Metairie



# DISTRICT CORNER

## District 12

Meets 8pm, 2nd Tuesday monthly,  
American Legion Hall (Post 16), 2031 Ronald  
Reagan Hwy. (Hwy 190), Covington, LA 70433  
Mailing address:  
P.O.Box 580, Mandeville, LA 70470  
District 12 website [www.District12.org](http://www.District12.org)

## SELA Spring Roundup Committee

Meets 7pm, 2nd Tuesday monthly, American  
Legion Hall (Post 16), 2031 Ronald Reagan Hwy.  
(Hwy 190), Covington, LA 70433  
[www.springroundupla.com](http://www.springroundupla.com)

## District 17

Meets 11:15am, 2nd Saturday monthly, Easy  
Does It Club, 111 Munsen Dr., Houma, LA 70360  
District 17 website [www.bayouaa.org](http://www.bayouaa.org)

## District 18

Meets 6pm, 2nd Tuesday monthly, 1500 Lafayette  
St., Gretna, LA 70053  
Mailing address: P.O.Box 2493, Gretna, LA 70054

## District 19

Meets 6:30pm, 4th Tuesday monthly, Unity  
Church, 3303 Richland Ave., Metairie, 70002  
Mailing address: P.O.Box 6391 Metairie, LA 70009

## District 19 PI/CPC

Meets 6:30pm, 3rd Monday monthly, Central  
Office, 638 Papworth Ave., Metairie, LA 70005  
Contact: Janet H. 337-342-8508

## District 19 Accessibilities

Meets 7:30pm, 3rd Tuesday monthly, Zoom  
Meeting ID: 879 5675 0682 Password: service  
Contact Buddy B. 504-400-0320

## District 19 Grapevine Committee

Meets 6:30pm, 1st Monday monthly, Zoom ID:  
570 436 5416 Password: dist19

## District 19 T&C

Meets 6:00pm, 3rd Wednesday monthly, Central  
Office, 638 Papworth Ave, Metairie 70005  
Contact: Mike T., 206-578-0703  
[michaelet20088@gmail.com](mailto:michaelet20088@gmail.com)

## District 20

Meets 6:30pm, 2nd Thursday monthly,  
St. George's Episcopal, 4600 St. Charles Ave.,  
NOLA 70115, Zoom Meeting ID: 861 1998 7125  
Password: district20  
Mailing Address: 3624 Baudin St., NOLA 70119

## Districts 20 PI/CPC

Meets 6:30pm, 3rd Wednesday monthly, Mojo's  
Coffee, 4700 Freret St., NOLA 70115

## District 20 T&C

Meets 6:30pm, 2nd Wednesday monthly, Central  
Office, 638 Papworth Ave., Metairie 7005 with  
Service Board T&C

## District 21/23

Meets 6:30pm, 3rd Tuesday monthly, Zoom  
Meeting ID: 837 2179 6523 Passcode: 664254  
[Venmo@DistrictTwentyOne-TwentyThree](mailto:Venmo@DistrictTwentyOne-TwentyThree)

## Districts 21/23 Accessibilities

Meets 7:30pm, 3rd Tuesday Monthly, Zoom  
Meeting ID: 879 5675 0682 Password: service  
Contact: Nicole B 804-297-8185

## District 21/23 PI/CPC

Meets 5:30pm 1st Sunday Monthly  
Zoom ID: 839 6363 1902 Passcode: 6644581

## District 21/23 T&C

Meets 7pm, 1st Monday, Zoom ID: 837 2179  
6523 Passcode: 664254



# Looking For Service Work?

## Monthly Service Opportunities in All Districts

---

### Greater New Orleans Service Board

Service Board Chair Jack W., 6:30PM, rotates last week monthly, Monday-Thursday,  
Central Office, 638 Papworth Ave., Metairie, LA 70005

### Service Board T&C

Service Board T&C Chair Jeff J., 6:30PM 2nd Wednesday, Central Office, 638 Papworth Ave.,  
Metairie, 70005

### Service Board Big Deep South

Big Deep South 2023, Chair Wesley W., 6:30PM, 1st Wednesday, Unity Church, 3303 Richland  
Ave., Metairie, LA 70002, Zoom ID: 861 1227 8477, PW: 869125

### District 12

District 12, Chair Gordon J., 8PM 2nd Tuesday, American Legion Hall, 2031 Ronald Reagan  
Hwy, Covington, LA 70433, [www.district12.org](http://www.district12.org)

### District 17

District 17, Chair Darcey C., 11:15AM 2nd Saturday, Easy Does It Club, 111 Munsen Dr.,  
Houma, LA 70360, [www.bayouaa.org](http://www.bayouaa.org)

### District 18

District 18, Chair Ryan W., 6PM 2nd Tuesday, 1500 Lafayette St., Gretna, LA 70053

### District 19

District 19, Chair Jonathan J., 6:30PM 4th Tues, Unity Church, 3303 Richland Ave, Met. 70002  
Accessibilities, Chair Buddy B., 7:30PM 3rd Tuesday, Zoom ID: 879 5675 0682, PW: service  
Grapevine, Chair Jordan P., 6:30PM 1st Monday, Zoom ID: 570 436 5416, PW: DIST19  
PI/CPC, Chair Janet H., 6:30PM 3rd Monday, Central Office, 638 Papworth Ave., Metairie 70005  
T&C, Chair Mike T., 6PM 3<sup>rd</sup> Wednesday, Central Office, 638 Papworth Ave., Metairie 70005

### District 20

District 20, Chair Courtney M., 6:30PM 2nd Thursday, St. George's Church, 4600 St. Charles  
Ave., NOLA 70115, Zoom ID: 861 1998 7125, PW: district20  
PI/CPC, Chair Traven, 6:30PM 3rd Wednesday, Mojo's Coffee, 4700 Freret St., NOLA 70115  
T&C, Chair Evan, 6:30PM 2<sup>nd</sup> Wednesday, Central Office, 638 Papworth Ave., Metairie 70005

### District 21/23

District 21/23, Chair Quinnell F., 6:30PM 3rd Tuesday, Zoom ID: 837 2179 6523, PW: 664254  
PI/CPC, 5:30pm 1<sup>st</sup> Sunday, Zoom ID: 839 6363 1902, Passcode: 6644581  
Accessibilities, Chair Nicole B., 7:30PM 3rd Tuesday, Zoom ID: 837 2179 6523, PW 664254  
T&C, Chair Glenn, 7PM 1st Monday, Zoom ID: 837 2179 6523, PW: 664254

**"Working with Others... Practical experience shows that nothing will so insure immunity from drinking as intensive work with other alcoholics. This is our *twelfth suggestion*: Carry this message to other alcoholics!" (Alcoholics Anonymous p.89)**

**Return Requested  
GNOSB  
638 Papworth Avenue, Suite A  
Metairie LA 70005**

**STAMP**