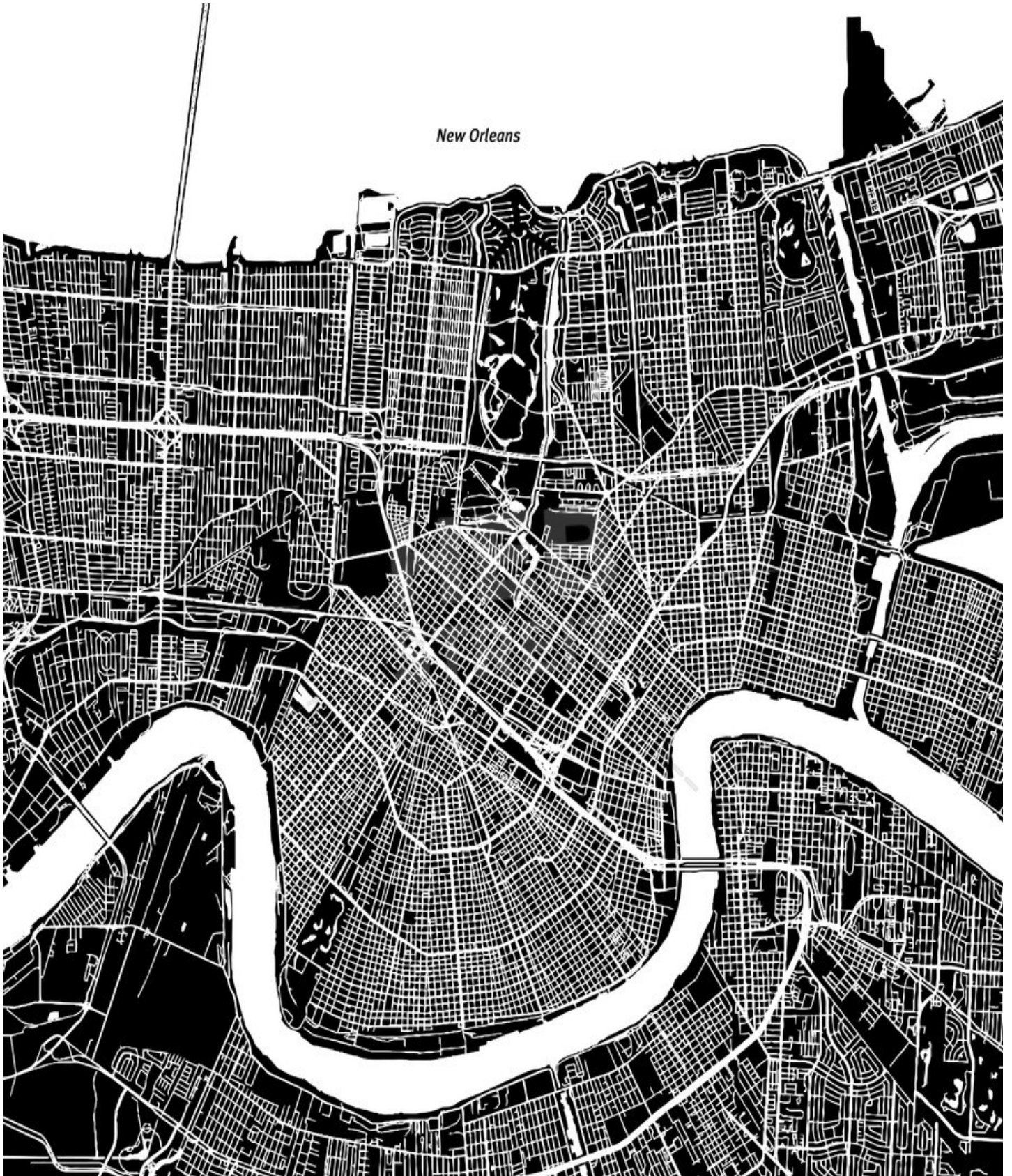


JULY 2023

New Orleans



AA Central Office

638 Papworth Ave., Suite A, Metairie, LA 70005

Office 504-836-0507

Monday - Friday 11am to 5pm

Saturdays 10am - 2pm

Email: office@aaneworleans.org

Website: www.aaneworleans.org

AA 24 Hour Hotlines:

English: 504-838-3399

Spanish: 504-516-1090

OUR THREE LEGACIES

UNITY — TRADITION 7

Every A.A. group ought to be fully self-supporting, declining outside contributions.

RECOVERY — STEP 7

Humbly asked Him to remove our shortcomings.

SERVICE — CONCEPT 7

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

JULY 2023 BIRTHDAYS

<u>UPTOWN MEN'S GROUP</u>			<u>449</u>			<u>ST JOHN'S NOON</u>		
Rob C.	07/14/09	14	Hank	7/24/92	31	Challie	7/5/2010	13
Doug M.	07/09/18	5	Rob C.	07/14/09	14	Brett.H.	7/13/2013	10
Dale M.	07/23/18	5	J.T.	07/15/15	8	Julio R.	7/22/2021	2
Kevis A.	07/14/19	4	Robert G.	07/02/22	1			
Jacob M.	07/21/19	4	*Eric B.	06/30/09	14	<u>WAYBACK</u>		
Jonathan G.	07/31/19	4	*Jesse L.	06/17/11	12	Jose B.	07/25/95	28
Matt G.	07/23/20	3	*Melissa D.	06/06/16	7	Bruce F.	7/4/2000	23
Bobby D.	07/13/21	2	*Bob P.	06/26/20	3	Taylor M.	07/10/18	5
Connor F.	07/15/22	1				Kenny S.	07/05/19	4
Michael G.	07/22/22	1	<u>OPEN ON SUNDAYS</u>			Jody R.	07/10/20	3
Bryan T.	07/31/22	1	Franke W.	07/04/83	40	Candice	07/11/20	3
						Ernest B.	7/24/2020	3
<u>NEW FREEDOM</u>			<u>IN THE VINEYARD</u>			Tiffany A.	07/27/20	3
Rebecca R.	06/11/19	4	Bobby O.	07/21/09	14	Jojo R.	7/16/2022	1
*Tylinea	05/15/22	1	Bobby D.	07/17/15	8	Renne	7/18/2022	1
			Tisere T.	07/24/17	6	Brad S.	07/21/22	1
			<u>CAMEL CLUB</u>					
			Henry W.	07/24/92	31			
<u>WOMEN SHARING HOPE</u>			<u>COVINGTON</u>			<u>SATURDAY MORNING IN THE VINEYARD</u>		
Cathy B.	06/05/84	39	Bob B.	07/04/79	44	Lester P.	07/03/20	3

*DENOTES PAST DATES

HAPPY BIRTHDAY

**PLEASE HELP THE SERVICE BOARD
CARRY THE MESSAGE...
REMIND YOUR HOME GROUP TO
CONTRIBUTE AT CENTRAL OFFICE WHEN
PURCHASING BOOKS OR CHIPS.**

MAY 2023 CONTRIBUTIONS

GROUPS

HIGH NOON	\$10
METAIRIE THURSDAY NIGHT	\$23
NEW FREEDOM	\$75
ON THE DOT	\$281
OPEN ON SUNDAYS	\$156
SATURDAY MORN IN THE VINEYARD	\$200
ST. JOHN'S NOON	\$50
ST. JUDE KENNER	\$10
STABLE AND STURDY	\$300
SUNDAY NIGHT HUGGERS	\$50
TO BREATHE OR NOT TO BREATHE	\$118
5 MEMBERS	\$95
11 GROUPS	\$1,276
4 CENTRAL OFFICE BACKERS	\$100



AA Trivia Quiz

1. Who was Bill W's secretary in the late 1930's?
2. Who was offered, but declined the opportunity to write the chapter "To Wives"?
3. In what popular magazine did Jack Alexander write his 1941 article introducing and supporting AA?
4. In what New England state was Dr. Bob born and raised?

(Answers Page 17)

Highlights of the Service Board Meeting of June 28, 2023

Next Meeting: 6:30pm Thursday July 27, 2023

Greater New Orleans Service Board

Chair: Jack W./jackjpwillis@gmail.com

Co-Chair: Alexa M./alexabust@gmail.com

Treasurer: Ray Y./yeates.wr@gmail.com

Secretary: Peter G./pmgratton@gmail.com

Service Board Email/gnoserviceboard@gmail.com

- **Chair Jack W.'s report:**
 - **Call to order at 6:30pm and welcomed all to the service board meeting**
 - **Attended and participated in New Freedom Taco bout Traditions**
- **Vice Chair Alexa M.'s report:**
 - **Attended Multi District Extravaganza**
- **Secretary: absent**
- **Treasurer Ray Y.'s report:**
 - **May was a better month for sales**
 - **Still addressing bank account issues**
- **Central Office Ken T.'s report:**
 - **Central Office building sold to Ducar Contractors next door**
 - **Website needs rebuilding, gathering proposals**
 - **Central Office carpet needs replacing gathering proposals**
- **BDSC Chair Wesly W.'s report:**
 - **Big Deep South 2023 HUGE success with 575 attendees**
 - **Deep South Wrap Up meeting scheduled 6:30pm July 15th at Unity Church**
- **Daay in the Park Chair Don D's report:**
 - **2023 Day in the Park, 10-3 October 28 at Bucktown Harbor Marina shelter**
- **Website Chair Tourne' T.'s report:**
 - **Website needs upgrading with e commerce, email access, plugins**
- **District 12**
 - **Sponsorship workshop July 19th**
- **Districts 17, 18, 19-Not Present**
- **District 20**
 - **Let's Taco About Traditions was successful**
- **District 21/23**
 - **Plan to realign district boundaries**
 - **Unity Workshop 2pm July 15th**
 - **Neckbreakers 10 Year Anniversary event planned August 26th**
- **Chair Jack W.:**
 - **Will H. nominated for GNOSB Chair position**
 - **Motioned to remove 4 year sobriety requirement for Service Board Chair**
 - **Motion passed**
 - **New Budget motion for approval. Motion passed**
 - **Closed the meeting with the Serenity Prayer 7:22pm**

CENTRAL OFFICE VOLUNTEERS

JIM R.

PAT B.

WALTER B.

LAURA LEE K.

JOHN S.

ELISSA M.

BETSY L.

SCOTT L.

COLYN N.



WE THANK YOU FOR YOUR SERVICE

“Working with Others... Practical experience shows that nothing will so insure immunity from drinking as intensive work with other alcoholics. This is our *twelfth suggestion*: Carry this message to other alcoholics!”

(Alcoholics Anonymous p.89)

Responsibility Statement

I am responsible...

*When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible.*



DISTRICT 21/23

WE ARE ONE!!!

July 15th 2pm-5pm

3025 Dauphine St.,

New Orleans

#BBQ #ColdDrink

#Fellowship #Music

#YouBringDesert

Homegroup challenge:

Bring your favorite Tailgate Game

Speaker Vann D



DISTRICT

21/23 Meeting

3rd Tuesdays

@ 6:30pm

cst on zoom



CAN'T WAIT

Zoom ID: 83721796523

Passcode: 664254

district21.23@gmail.com

The Insanity of Alcoholism

The insanity of alcoholism is NOT the goofy behavior that people exhibit when they are drunk. Everyone who ingests enough alcohol will act goofy. The insanity of alcoholism is the alcoholic's persistent return to alcohol in the face of overwhelming evidence that it is destroying his or her life, over and over again. There are some in our fellowship of AA who have serious mental problems, but most of us joke about how "insane" or crazy or "goofy" we are or have been, when what we really are talking about is our emotional immaturity, our impulsiveness, our lack of self-discipline...our character defects if you will. Most of us would have a hard time describing many of our thoughts and actions as being in-sane. In fact, in some areas of life, we may exhibit a high degree of sanity. However, there is something about the way we perceive the world around us that has always caused us a great deal of discomfort in simply living our lives. Our general discomfort with living has much to do with the way we perceive the effects of alcohol. Our falling short of what is called "well adjusted" is definitely a part of our makeup as an alcoholic. However, that alone does not separate us much from the general population. It is our physical as well as our mental response to alcohol that is insane, and that is what separates the alcoholic from the non-alcoholic. There are two problems alcoholics have with alcohol: 1. The obsession of the mind, and 2. The compulsion of the body – an incomprehensible craving. Somewhere along the line, early or late, we develop obsession with the idea that alcohol eases our minds and solves our problems. Then, our physical response to alcohol manifests in what the "Big Book" calls an allergy. Our alcoholic insanity of our minds tells us that it is a good idea to drink to relieve our stress and to have fun. Once we start, our alcoholic bodies tell us we must drink more to satisfy the craving. As every alcoholic should know, that is where the well-known cycle begins and continues over and over again, leading to death, incarceration, or "wet brain" insanity. What Dr. Silkworth called the phenomenon of craving, manifesting as an allergy, is so overpowering that all else comes second to our primary concern of getting the next drink, even life itself takes second place. That, my friends is the "INSANITY OF ALCOHOLISM." It is only relieved and arrested by total abstinence, and as we have found, by and through the application of the 12 Steps of AA in our lives, in all our affairs, to achieve a psychic change, a "spiritual awakening," leading to growth and maturity, and a firm grasp of the reality of life and the world about us. As a young man (with tears in his eyes) in his first AA meeting said, "I'm here because I just want to live. That's it. I just want to live." It is as simple as that.

– Barefoot Bob, Denver CO.
(By The Way Newsletter,



**THE NOON
MEETING GROUP**

THE NOON MEETING GROUP

SPEAK 'N' EAT

SATURDAY

July 29, 2023

At Journey Christian Church

3828 Leila Place Jefferson, LA

Enter at 525 Julius Ave.

Jefferson, LA - Off Jefferson Hwy.

Between Causeway & Clearview

DOORS OPEN AT 12:00 P.M.

FRIED CHICKEN
RED BEANS

*Will be supplied by the Group
Please bring a dish or dessert*

**-WE'RE HERE
7 DAYS A WEEK-
MONDAY - FRIDAY
12:00 NOON
SATURDAY & SUNDAY
1:00 P.M.**

1:00 P.M.
SPEAKER MEETING
WITH OUR GUEST SPEAKER

Gary B.
Caduceus Group

**HAPPY
joyous
FREE**

****** WITH THE NEW CHARITY RAFFLE ******

**50/50
1/2 OF
THE POT**

**BIG
BOOK**



1ST EDITION REPRINT

Join the CENTRAL OFFICE BACKER'S CLUB

Support your Central Office

For only \$25 a year, you can help "carry the message to the alcoholic who still suffers."

Your dollars help pay for:

- 24 HOUR "HOTLINE" PHONE COSTS
- ELECTRICITY EXPENSE AT CENTRAL OFFICE
- COMMITTEE MEETINGS AND WORKSHOPS
- PRINTING AND MAILING EXPENSES

CENTRAL OFFICE BACKER FORM

Date _____

Name: _____

Street _____

City, State, Zip _____

Telephone _____

Email Address: _____

Would you like to receive the AA Bulletin by mail? Yes _____ No _____

Initial Donation \$25 _____ Paid

Payable By Phone Credit and Debit Card 504-836-0507

Venmo@GNOSB, PayPal on www.aaneworleans.org

Check payable to:

Greater New Orleans Service Board

638 Papworth Avenue

Suite A

Metairie, LA 70005

The 63rd Annual
**LOUISIANA
STATE CONVENTION**

2023



Area 27

\$10.00
Pre-Registration

**JULY 8TH
2023**

Holiday Inn South

9990 Airline Hwy
Baton Rouge, LA 70816

SPEAKERS

Bobby B. | Lafayette | AA
Karmen B. | Baton Rouge | Al-Anon

**PANELS
&
ENTERTAINMENT**

FOOD, FUN, FELLOWSHIP

www.aa-lastateconvention.org





CPC/PI* MEETING

DISTRICT 21/23

ZOOM MEETING EVERY 1ST SUNDAY

5:30- 6:30 PM CT

MEETING ID: 839 6363 1902

PASSWORD: 6644581


WANNA BE OF SERVICE?

*Come learn how to be in Cooperation with the
Professional Community & Public Information*



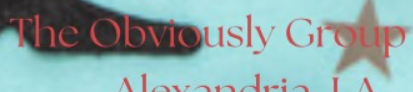
**New Orleans Men's
Group**

Workshop Series



**Primary
Our
Purpose**

Ephraim W. Sarah C. Zach G. Jessica B.



The Obviously Group
Alexandria, LA


Crescent Group
New Orleans, LA

Neck Breakers

New Orleans, LA

Into Action

Metairie, LA



630p Refreshments 7p Workshop Begins

Wednesday July 19th 1647 Metairie Road

ALL ARE WELCOMED



JOIN BIG EASY FOR OUR ANNUAL

Bogue Chitta Tubing Adventure



SATURDAY, AUGUST 5TH

Carpool from 5401 S. Claiborne Ave at 9am

Tube cost: \$30

followed by BBQ fellowship and speaker Nick H at the campgrounds!
return to NOLA between 3-4pm

Questions? Contact Eric E. - (504) 577-4855



• T O T O

GNOSB T&C
subcommittee

Every 2nd
• Wednesday
630p

Central Office
638 Papworth,
• Metairie



Central Office Backer Heros

Aaron S. (Renewal)

Carl C. (Renewal)

Cathy B. (Renewal)

Donna S. (Renewal)

Early Birds Group (Renewal)

Elizabeth P. (Renewal)

Francis H. (Renewal)

Jamie C. (Renewal)

Jerry I. (Renewal)

Mike Q. (Renewal)

Michael D. (Renewal)

Michael R. (Renewal)

Answers to the Trivia Quiz from page 4

- 1) Ruth Hock**
- 2) Anne Smith, Dr. Bob's wife**
- 3) The Saturday Evening Post**
- 4) Vermont**

Wake 'em UP!!!

**Please join us for
breakfast at our monthly
Speaker Meeting!**

**Nancy D.
from
There is a Solution**

**Come to Eye Openers
@
Unity Church - 3303 Richland Ave.
(Behind Parran's Poboy's)**

**50/50 Raffle
&**

**Big Book
Giveaway**

**Saturday, July 29th
Breakfast @ 7:00AM
Speaker @ 7:30AM**

DISTRICT CORNER

District 12

Meets 8pm, 2nd Tuesday monthly,
American Legion Hall (Post 16), 2031 Ronald
Reagan Hwy. (Hwy 190), Covington, LA 70433
Mailing address:
P.O.Box 580, Mandeville, LA 70470
District 12 website www.District12.org

SELA Spring Roundup Committee

Meets 7pm, 2nd Tuesday monthly, American
Legion Hall (Post 16), 2031 Ronald Reagan Hwy.
(Hwy 190), Covington, LA 70433
www.springroundupla.com

District 17

Meets 11:15am, 2nd Saturday monthly, Easy
Does It Club, 111 Munsen Dr., Houma, LA 70360
District 17 website www.bayouaa.org

District 18

Meets 6pm, 2nd Tuesday monthly, 1500 Lafayette
St., Gretna, LA 70053
Mailing address: P.O.Box 2493, Gretna, LA 70054

District 19

Meets 6:30pm, 4th Tuesday monthly, Unity
Church, 3303 Richland Ave., Metairie, 70002
Mailing address: P.O.Box 6391 Metairie, LA 70009

District 19 PI/CPC

Meets 6pm, 3rd Monday monthly, Central Office,
638 Papworth Ave., Metairie, LA 70005
Contact: Janet H. 337-342-8508

District 19 Accessibilities

Meets 2pm, 1st Sunday monthly, Zoom Meeting
ID: 373 884 7070 Password: Access 27
Contact Buddy B. 504-400-0320

District 19 Grapevine Committee

Meets 6:30pm, 1st Monday monthly, Zoom ID:
570 436 5416 Password: dist19

District 19 T&C

Meets 6:00pm, 3rd Wednesday monthly, Central
Office, 638 Papworth Ave, Metairie 70005
Contact: Mike T., 206-578-0703
michaelet20088@gmail.com

District 20

Meets 6:30pm, 2nd Thursday monthly,
St. George's Episcopal, 4600 St. Charles Ave.,
NOLA 70115, Zoom Meeting ID: 861 1998 7125
Password: district20
Mailing Address: 3624 Baudin St., NOLA 70119

District 20 Accessibilities

Meets 2pm, 1st Sunday monthly, Zoom Meeting
ID: 373 884 7070 Password: Access 27

Districts 20 PI/CPC

Meets 6:30pm, 3rd Wednesday monthly, Mojo's
Coffee, 4700 Freret St., NOLA 70115

District 20 T&C

Meets 6:30pm, 2nd Wednesday monthly, Central
Office, 638 Papworth Ave., Metairie 70005 with
Service Board T&C

District 21/23

Meets 6:30pm, 3rd Tuesday monthly, Zoom
Meeting ID: 837 2179 6523 Passcode: 664254
Venmo@DistrictTwentyOne-TwentyThree

Districts 21/23 Accessibilities

Meets 2pm, 1st Sunday monthly, Zoom Meeting
ID: 373 884 7070 Password: Access 27
Contact: Nicole B 804-297-8185

District 21/23 PI/CPC

Meets 5:30pm 1st Sunday Monthly
Zoom ID: 839 6363 1902 Passcode: 664581

District 21/23 T&C

Meets 7pm, 1st Monday,
Zoom ID: 837 2179 6523 Passcode: 664254

**Return Requested
GNOSB**

**638 Papworth Avenue, Suite A
Metairie LA 70005**

STAMP